



Academy Preparatory School

NOVEMBER 2022

Welcome & Enjoy

31

Deli Wrap  
Blue Doritos  
Fruit Cup

1

Chicken Sandwich  
Onion Rings  
Fruit Cup

2

Lasagna  
Green Beans  
Fruit Cup

3

French Toast Sticks  
Homefries  
Fruit Cup

4

Pizza  
Broccoli  
Cookie

7

Hot Dog  
Tator Tots  
Fruit Cup

8

Fried Rice  
Spring Rolls  
Fruit Cup

9

Grilled Cheese  
Vegetable Soup  
Fruit Cup

10

Nuggets  
Mash Potatoes  
Glazed Carrots

11

Pizza  
Broccoli  
Cookie

14

15

16

Pasta Alfredo  
Broccoli  
Fruit Cup

17

Turkey  
Herb Dressing  
Garlic Kale  
Mac n Cheese  
Sweet Potatoe Pie

18

Pizza  
Chips  
Cookie

28

Hamburger  
Baked Beans  
Cake

29

Haystack  
Fruit Cup

30

Spaghetti  
Chef Salad  
Fruit Cup

1

BBQ Sandwich  
French Fries  
Fruit Cup

2

Pizza  
Broccoli  
Cookie