

JAN 2019

SUN

MON

TUE

WED

THU

FRI

SAT

01

02

Hot dogs
Tator Tots
Ranch salad

03

Curry choplets
Rice n Peas
Cabbage
Plantains

04

Pizza
Corn
Fruit cup
Cookie

05

06

07

Spaghetti
Garden salad
Roll

08

Haystacks
Fruit cup
Cookie

09

BBQ sandwich
Onion rings
Cole Slaw

10

Chick nuggets
Mac n cheese
Spinach

11

Pizza
Corn
Fruit Cup
Cookie

12

13

14

Pasta Alfredo
Garden salad
Roll

15

Beef enchiladas
Spanish rice
Fruit cup
Cookie

16

Grillers
French fries
Broccoli

17

Chef choice

18

Pizza
Corn
Fruit cup
Cookie

19

20

21

**No School
Martin Luther
King Jr.
Holiday**

22

Deli sandwich
Bowl of chili
Fruit cup
Cookie

23

Hot dogs
Tator Tots
Ranch salad

24

Chick nuggets
Mac n cheese
Spinach

25

Pizza
Corn
Fruit cup
Cookie

26

27

28

Beef o Roni
Garden salad
Roll

29

Haystacks
Fruit cup
Cookie

30

Bbq Sandwich
Onion rings
Cole slaw

31

Swiss steak
Mash potatoes
Greenbeans

All meals are vegetarian